

September Dance Newsletter ~Parent/Dancer Handbook 2025-2026

***This handbook has VERY important information, please read fully!!**

Welcome to Dance Dimensions for all new and returning students and parents! This guide should answer all your questions, as well as give you a year-to-date calendar of events and deadlines at the studio...

ALL studio information is available to parents & dancers on our website @
www.dancedimensionsregina.ca

FOLLOW us on Facebook & Instagram for updates also!

The calendar of events for September through May, a monthly newsletter, and all-important dance information will be available on our website.

The 2025-2026 Staff members are: Artistic Director - Kara Chernishenko, Teachers: Erin Schwalm, Shayla Brown, Amy Bzdell, Alyssa Munday, Charleigh Sandercock & Tegan Dickie. Office Personnel – KARA/STAFF. We would like to welcome all Assistant Teachers and Class Demonstrators as well!

Office Hours (September)

Monday Sept. 8th 5:00-7:00 pm

Wednesday Sept. 10th 5:00-7:00 pm

Thursday Sept. 11th 5:00-7:00 pm

Saturday Sept. 13th 9:00 am-12:30 pm

Thursday. Sept 18th 5:00-7:00 pm

Saturday Sept. 20th 9:00 am-12:30 pm

Saturday Sept. 27th 9:00 am – 12:30 pm

****Tuition for your dancers is due on the FIRST WEEK of each month. Our preferred method of payment is a pre-authorization credit card form; however, you may also pay be cash/debit or CC while office hours are open. (NO cheques).**

Studio Policies & Regulations:

~We are now not offering regular office hours at the studio. There will be set office hours when payments are required that will be posted on our website in the CALENDAR section for each month. Kara is now handling all payments and office work. We do ask that ALL families provide a credit card for monthly tuition & costume/competition fees for us to process your payments.

Email is the best way to communicate with us at the studio and we will check this regularly.
The office area is now also being used as a staff room, so please do not enter when the office door is closed.

****Please note: Monthly newsletters will be posted on our website the first week of each month @ www.dancedimensionsregina.ca**

***Follow our social media for updates on
Facebook & Instagram also!***

****We are asking parents to not wait in our lobby area, and leave that area for the dancers who are in-between classes, to do homework and eating lunch or a snack.**

~ Dancer's age 7 & over - please enter the studio without a parent and the teachers/assistants will guide you to the classroom. *If you are new to the studio with your dancer and want to bring them in the first couple of times that is completely welcome!
Dancer's age 6 & under (or first-time dancers to the studio) may be accompanied by a parent who can drop off your dancer, but we do ask that you use the time they are in class to do some running around and pick up when class is over.

~Place your SMALL dance bag under the benches or in the rack provided and your water bottle into your dance room. (Water is not provided, so please send your dancers with a water bottle each week, **that they take home after class.**

~Dancers are to be dropped off NO more than 5-10 minutes before class and picked up in the studio parking lot immediately after class. Any break longer than 45 minutes will require you to pick your dancer up from the studio.

~ Teachers are NOT responsible for dancers during their class breaks, as we are in class teaching. Parents, please note that your children are UNSUPERVISED in the lobby area and we ask that you remind them to CLEAN UP after snacks and break times.

~Cash payments to the studio can also be brought into the office by your dancer and left in the wall studio LOCKBOX (right outside the office door to the left).

~The payment for your dance season is divided into 9 equal payments from September through May. It is not based on how many classes a dancer receives each month, but rather on a 30-week dance season.

~ Any accounts outstanding past 45 days will result in withdrawal of services. A 5% late fee will be applied to ALL accounts over 30 days past due.

~If a dancer misses a class due to vacation, health, or any other reason there are NO refunds on tuition or make up classes.

~A ONE MONTH written notice to the studio email is required to withdraw from a dance class, otherwise tuition will be charged, and the studio policy is that we will not accept withdraws once competition season has began in March, and the tuition for March/April/May will be owed to the studio.

~ Regular class attendance is expected for all ages/levels... we are a TEAM sport and missed dancers on a regular basis has an effect on everyone in the class.

~ The studio is not liable for any items left in the waiting area.

~ **Please ensure that your dancers are NOT snacking in-between classes** on "sugar straws", slurpees or candy. It is very difficult to fully participate in an active class when they are on a "sugar high". It is also very difficult for the teachers! (NO popcorn or slurpees allowed in the studio period!! All too often they create a big mess. Please choose snacks for your dancer that are healthy and provide energy.

~Parents are not permitted to enter the dance studio to talk to a teacher at any time. Please email the studio and your teacher will get back to you when they can and set up a discussion or meeting.

Costuming/Competition 2025/2026

Costume deposits are due for all dancers in a full-season class.
A costume deposit of \$75 due for each class your dancer is registered in.

***This payment is due Saturday Oct. 4th**

***ALL credit cards on file will be charged the costume deposits for full season classes.**

The total costs for costuming for the classes are between \$110-\$160 for our younger less competitive classes (Tiny tot, Combo, Pre-Primary & Primary), and \$140-\$250 for older more competitive classes (Junior level and higher). Our session classes do NOT require a costume.

Final charges for costuming will be due Saturday November 1st.

NOTE: Tights are not included in the costume price and need to be ordered separately. Specific tights are needed for each routine and nylons are not accepted. (This information will come out for you detailed by class).

Competition fees for each dancer is charged by class. (Note: Our tiny tot, Combo, and sessional classes do NOT have any competition fees).

The fees vary by competition and will be announced in our November newsletter. These fees are usually about \$35-\$50/dancer for each group. Solo, Duo & Trio dancers may also register for these – fees TBA.

Competitions – ALL Full season classes attend these!

Note: Our tiny tot, Combo, and sessional classes do NOT have any competition fees.

COMPETITION #1 Invitational Dance Showcase, April 23rd -26th 2026
Riddell Centre – U of R
(Our studio is the host of this event).

***We require parent volunteers for this, with some amazing perks ☺**

COMPETITION #2 Fabulous Feet ~ Dance Invasion, April 30th – May 3rd 2026
Riddell Centre – U of R

ALL competition fees are due to the studio by
Saturday December 6th.

***ALL credit cards on file will be charged the competition fees – full season classes.**

Hair/Dancewear/Footwear

A complete list of requirements for all classes is available on our website under the NEWS category. We will be strictly enforcing them this season, so be sure your dancer has their hair properly secured every class, and wears the correct attire and footwear. If a dancer repeatedly has their hair down or is not dressed appropriately for class, they will not be permitted to take part. A hockey player cannot participate without skates... therefore a dancer needs to also be prepared for every class :)

Class Attendance

Dance Dimensions is a competition performance studio therefore regular class attendance is expected. If a dancer needs to miss a class, we appreciate an email to dancedimensions@sasktel.net to inform the studio.

In the event of a dancer missing multiple classes and therefore falling behind in the classes & choreography he/she may be removed from a section of choreography.

We do not offer private lessons to catch dancers up, but encourage you to get together with a friend from class and get caught up on anything they may have missed. Please remember that our classes go until the end of May and attendance AFTER the competitions is still very important!

Dance Dimensions Studio Merchandise

We will have all studio merchandise & DD clothing available to order in October. The deadline to order will be **Saturday October 25th**. This order will now be available ONLINE only. Watch for more details coming soon.

Solo, Duo, Trio (Private Lessons)

Students interested in performing a solo/duo/trio for the competition season may pick up forms from the studio bulletin board. (These are not on our website and need to be picked up by the dancer and then handed into a teacher).

Deadline to register is October 4th!!!

Dancers may participate in both competitions as well as our Solo/Duo/Trio Recital in MARCH - TBA. Costuming for these routines can be ordered from our suppliers (see your teacher and we will let you look through the books and price costumes out for you!) or you may borrow/rent one from a previous dance year. Discuss your costume with your teacher as they need to approve it BEFORE stage. SEE Silver Swan Costume Consignment, or used costumes also.

*All students interested in participating are expected to practice outside of the allotted studio time and remember the choreography given to them by their teacher. This is a big commitment for both dancers and teachers so please talk directly to your teacher for more information!

(More specific information including the cost is on the entry form for solos/duos/trios.)

General Competition, Rehearsal & Recital Information

All classes and dancers participate in 1-2 competition performances held in April. See the calendar of Events for the exact dates.

*Our tiny tot & combo classes perform at our annual Solo/Duo/Trio Spring Showcase in March; they do NOT attend any competitions.

***Our Acro classes will attend BOTH competitions – NEW THIS YEAR!**

ALL full season classes (Sept-May) participate in the year-end recital held at the Conexus Arts Center the end of May.

***Rehearsal is DAYTIME the day before the actual show!!**

*Please remember that we are a competition performance studio and it is imperative that all dancers attend the competitions and performances. Dance is a team sport and we do not have any “substitutes” when a dancer is missing.

*Regular class attendance is expected for all dancers, in the event of an absence we ask that you email the studio. Thank you for your cooperation!

DD believes the experience of performing before a live audience helps each dancer develop self-confidence and stage personality.

Reminders:

**Absolutely no nut products allowed in the studio at any time.*

We are a NUT FREE ZONE, due to severe allergies!

***A 5% INTEREST CHARGE WILL BE APPLIED TO ACCOUNTS OVER 30 DAYS!!**

(Any accounts over 45 days will result in suspension of services)

**All newsletters & information can be found @ www.dancedimensionsregina.ca*

**Please email any questions or concerns to dancedimensions@sasktel.net*

Calendar of Events 2025 ~ 2026

September 8 th	Regular season classes start. (Monday)
September 13 th	ALL Session classes start: Combo/Hip Hop/Jazz/Intro to Acro & Parent & Tot Dance & Tumble.
September 19 th	Deadline to register for the Saskatoon workshop (1820 Dance Convention)
October 4 th	Deadline to register for a Solo, Duet or Trio
October 4 th	All costume deposits (\$75/class) due. Fall exam fees are due. (Your dancer will be notified & your account will be charged if your dancer is taking exams in December)
October 11 th , 12 th , 13 th	NO Classes (Thanksgiving weekend) Saturday, Sunday & Monday.
October 18 th & 19 th	1820 Dance Convention – Saskatoon Saskatoon Inn & Convention Centre.
October 25 th	Studio Merchandise is DUE!!
Sat. Oct. 25 th – Thurs. Oct. 30 th	Halloween Dress-up Week (dancers may wear costuming over their dance clothes)
Friday October 31 st	Halloween (No classes)
November 1 st	Final Costume payments due. (All accounts will be charged by the last couple weeks of October and emailed statements will be sent out)
November 11 th	Remembrance Day (No classes)
November 22 nd	Final lesson for all 10-week session classes!!
December 6 th	All competition fees due. (To be posted to your accounts in mid-November). *Most group charges are \$35-50/dancer/group. *Spring Exam fees due. (Your dancer will be notified & your account will be charged if your dancer is taking exams in March).
Sat. Dec. 20 th	Last day of classes for Christmas break. Sunday Dec. 21st – Sunday Jan. 4th (CHRISTMAS BREAK - NO CLASSES)
Mon. Jan. 5 th	Classes resume.
Sat. Jan. 10 th	ALL Session classes begin.
February 14 th – 20 th	Family Day/Break – NO CLASSES. (Sat. – Fri.)
February 21 st	Classes resume -Saturday after the Family Day break.
March - TBA	Solo/Duo/Trio Showcase *Including our tiny tot & Combo classes (TBA - Location)

March 2 nd – 6 th	C.D.T.A. exams at the studio!
March 21 st	Final lesson for ALL session classes.
March 22 nd	Picture Day 1 (Showstopper & Senior B/Univ Classes).
March 29 th	Picture Day 2 (Tiny Tot, Combo, Pre-Primary, Primary, Junior, Pre-Inter & Inter, Adult classes, & Acro. (At the studio)
Friday April 3rd – Friday April 10th	(EASTER BREAK - NO CLASSES)
April 11 th	Classes resume *SATURDAY*
April 23 rd – 26 th	Invitational Dance Showcase Competition (Regina) No classes run at the studio during this time! *ALL Classes participate with the exception of our tiny tot, combo & session classes.
April 30 th – May 3 rd	Fabulous Feet Competition (Regina) No classes run at the studio during this time! *ALL Classes participate with the exception of our tiny tot, combo & session classes.
May 1st	Registration opens for next seasons classes & Summer dance camps & intensives. (The entire month of May)
May 13 th – 18 th	Showstoppers Away Trip Travel Wed. Compete Thurs-Sunday, Home Mon.
May 16 th & 18 th	NO Classes (Victoria Day Weekend)
May 23 rd	Last day of regular season classes.
May 25 th	DRESS REHEARSAL FOR ALL DANCERS!!! Conexus Arts Center *Rehearsal begins at 10:00 am – 8:00 pm!
	*ALL dancers are required to attend our dress rehearsal to ensure that the show run smoothly and each dancer knows where to be backstage ready to dance.
May 26 th	RECITAL ~SHOWCASE 2025 Conexus Arts Center *Showtime is 6:30 PM

Here's to our 31st season of dance education!!
Don't forget to follow us on Facebook & Instagram
for updates throughout the season and watch our
WENSITE for the monthly newsletters!